



EMPOWERING A

Better Approach to Mental Health

PsychHUB
Educate. Connect. Engage.

Who We Are

Psych Hub was founded in 2018 to provide critically-needed mental health information and resources for everyone who needs them, including mental health and healthcare practitioners, everyday people, and the organizations that support them. We empower the entire mental health ecosystem to create a better approach to mental health for themselves and others through connections to evidence-based education and care. We do this by focusing on three goals:

EDUCATE

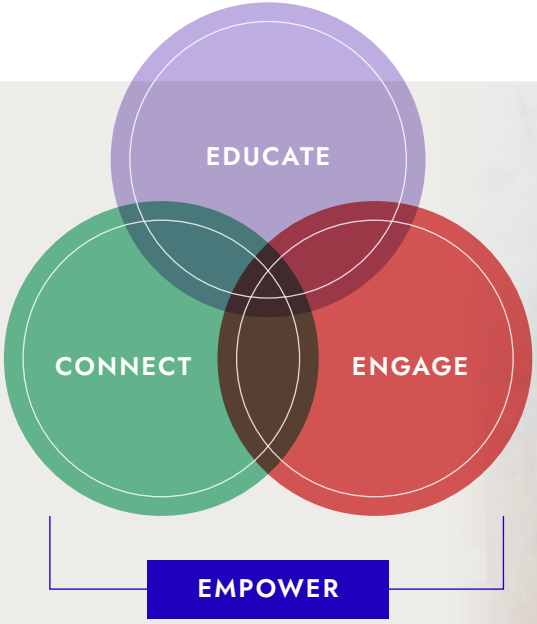
Psych Hub educates mental health and healthcare practitioners as well as individuals with a robust multimedia library of evidence-based content and courses so they can better support themselves and others.

CONNECT

Psych Hub offers a powerful, online public connection platform to provide individuals with relevant educational content while matching them with licensed practitioners who fit their preferred criteria, such as specialty verifications, insurance coverage, and location.

ENGAGE

Psych Hub engages both practitioners and individuals with regularly updated tools and resources, ensuring they have the information they need to effectively support or participate in mental health care, even between visits.





Who We Serve

PsychHub is the only platform that empowers the entire mental health ecosystem by addressing the needs of all mental health stakeholders for education, connection, and engagement.



PRACTITIONERS

Psych Hub enables mental health practitioners to expand their training and knowledge in evidence-based interventions so they can meet the specialized needs of their clients. We also offer tools to connect them with new clients and support those clients in between visits.

- Learning paths in various mental health specializations
- Validated CE course credit and Psych Hub Verification for practitioners who complete courses in specialized areas of competency.
- Shareable companion tools to support clients' mental health between visits.
- Inclusion in a verified connection platform that matches clients with practitioners based on specialization, location, and network participation.

OVER 75% *of mental health care is delivered by practitioners with generalist training*

ORGANIZATIONS

Not everyone seeks care from a mental health practitioner; they often rely on the people in their life for support. Psych Hub helps organizations create a cohesive strategy to expand mental health knowledge among employees so they know how to help themselves and others.

- Course content to educate employees within the organization and help them create an environment that supports mental health.
- EAP integration for employers who want to increase employee use of EAP resources.
- A connection platform that matches employees with educational tools and in-network practitioners, based on criteria that matter to both the individual and the organization.

61% *of people who spoke to someone at work about a mental health struggle shared their challenge first with a close colleague*

INDIVIDUALS

Mental health is confusing. Everyone needs help navigating the mental health journey — either for themselves or those they care for — at least once in their life. Psych Hub provides education and resources for everyday people pursuing better mental health, including understanding symptoms and the types of providers and treatments available.

- Hundreds of free online videos, podcasts, and more on relevant mental health topics.
- An online connection platform that provides a clearer path to individuals seeking care, powered by question-based logic to match them with a specialized mental health practitioner who can help with their specific symptoms and unique needs.

1 in 5 *U.S. adults experience mental illness each year*

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Our Solutions

Psych Hub uses a solution-focused approach to empower the entire community to better understand and support mental health and access care in a way that is personalized, preventive, and effective.

THE HUB

An on-demand learning platform with education and resources for everyone.

For Mental Health Practitioners

Evidence-based learning modules and CE courses to teach those who treat mental health how to deliver specialized interventions.

For Mental Health Allies

Educational content and courses to help everyday people build understanding about mental health symptoms, diagnoses, and treatment options so they can better support themselves and others.

PSYCH HUB CONNECT

A question-guided connection platform for individuals to find mental health practitioners based on specialties treated, location, network, and availability.

MENTAL HEALTH LIBRARY

Curated educational videos to augment organizational mental health strategies.

1,500
AND GROWING
Number of resources available in our multimedia library



See Psych Hub in Action

Get a firsthand look at how Psych Hub empowers.
Schedule a consultation with a Psych Hub expert.

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